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# TRAILS 'N TAILS

ATLANTIC CANADA TRAIL RIDING ASSOCIATION NEWSLETTER

VOLUME 238

[WWW.AC-TRA.CA](http://WWW.AC-TRA.CA) / FACEBOOK

JAN/FEB/MARCH 2011

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Happy New Year!

January has come and gone and I apologize for not getting this newsletter out the first of the month. My only excuse is that I was waiting for it to storm on the weekends to keep me inside and for six weeks straight it stormed on Monday's. So that left the weekends open for riding and ride I did! At this point in time thou a snowmobile would be nice sitting in the backyard!

Back in October I had to attend a conference for work at the Oak Island Inn, which is located on the South Shore in Chester, NS. This was a dual conference for RCMP members (they were in a separate room) and the Detachment Assistants. An incident happened in our conference room and the Inspector decided to announce it at the formal dinner that night and also to send out an email when he got back to the office. I will be remembered for the following; "A special mention to DA Bev Elliott. She singlehandedly rescued the DA's at their conference when a mouse entered the room through an open door. I'm told it was like a scene out of a movie with ladies screaming, some jumping up on their chairs. In typical Bev fashion she said something like, "Oh, for &^%\$! Sake", scooped up the mouse in her bare hand and gently escorted the little critter outside. Coolness personified....." Yup, it's true they were screaming and jumping up on their chairs! I'm so glad that I'm not a girly girl!

A new riding year is ahead of us and four rides are already sanctioned! Please remember to include all pertinent information on your ride entry sheet, especially the mount number as Jennifer McDonald is taking over the reins of Statistician and she won't know that Magic (barn name) who is listed on the Master Scoresheet is Guysborough Grey (Registered name) so go easy on her! I will be backing her up with any questions she has. Please take a look at the Mileages and let me know if there are errors! I would like to hand everything over to her with a clean slate.

Any individual who is planning on hosting a challenge of any sort using ACTRA rides as their tabulation points please send me all pertinent information and rules for the challenge so I can place it in the newsletter. Rules should be cut and dry and not leave any leeway for interpretation by the riders. Remember these are just "fun" challenges to liven up the summer a bit and are not Annual ACTRA Year End Awards. The ACTRA member initiating the Challenge will be responsible for the tabulations. The ACTRA Statistician will NOT be tabulating the scores, only supplying the information.

With ride season just around the corner has everybody made their goals and plans for the summer? Are you getting near a jacket? Or your horse might get his/her blanket this year? Maybe you're working on your pacing or showing your horse to his best? I've included some articles on pacing, riding your own ride (my goal this summer) and some checklists. Whatever your goal is I hope you achieve it and have fun along the way! Remember is it YOUR goal and not anybody else's. So ride your own ride and don't worry about what the other riders are doing!!

Condolences goes out to Afiena Kamminga and the loss of her mare Ashton Gwenda on Jan 5, 2011. I've included a very touching letter that Afiena wrote to Gwenda.

I was perusing my old newsletters and came across one that I think brought a lot of laughs and definitely a lot of fun one summer. I'm sending it along so the new and old members can have a good chuckle over Sylvia's abducted slippers!!

Take care shovelling this winter and hopefully you can get out and ride in the Winter Wonderland!

Bev & Izzy

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**ACTRA 2011 BOARD OF DIRECTORS**

**Chairperson**

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B4N 2R1  
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**Secretary**

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**Treasurer**

Pat Rideout  
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E4Z 5W6  
(506)756-1892

**Rules**

Gwenn Dexter  
RR # 5  
Canning, NS  
BOP 1H0

**Sanctioning**

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Lynn – [lynn.beazley@pwgsc.gc.ca](mailto:lynn.beazley@pwgsc.gc.ca)

**ATLANTIC CANADA TRAIL RIDING ASSOCIATION MEMBERSHIP FORM**

NAME: \_\_\_\_\_ :

ADDRESS: \_\_\_\_\_ :

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_ :

\*JUNIOR OR OTHER RIDERS IN THE FAMILY\*

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ :

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ :

I WISH TO REGISTER THE FOLLOWING MOUNT WITH ACTRA (LIFETIME MOUNT REGISTRATION FEE \$25)

REG NAME: \_\_\_\_\_ BARN NAME: \_\_\_\_\_ :

BREED \_\_\_\_\_ AGE: \_\_\_\_\_ MARE GELDING STALLION (PLEASE CIRCLE)

BREED REGISTRY INFORMATION: \_\_\_\_\_ :

MEMBERSHIP DUES: INDIVIDUAL \$17.50 - FAMILY \$22.50 - MOUNT REGISTRATION \$25.00

**PLEASE SEND MEMBERSHIP FORM OR FACSIMILE TO: PAT RIDEOUT, 3540 RTE 890, HILLGROVE, NB E4Z 5W6**

ARE YOU INTERESTED IN RECEIVING ACTRA LITERATURE? YES NO (PLEASE CIRCLE)

TOTAL MEMBERSHIP DUES : \_\_\_\_\_ @\$17.50 OR \_\_\_\_\_ @\$22.50 OR/AND \_\_\_\_\_ @\$25.00

TOTAL FEES SUBMITTED = \_\_\_\_\_ .

## ACTRA REQUEST FOR SANCTIONED RIDE FORM

**\*Please make sure all parts of this form are filled out correctly.\***

To All Ride Managers & Organizers:

In order to help us plan the coming trail ride season we need to know which organizations would like to sanction rides and when, along with other information as requested. If you wish to sanction a ride, please reply as soon as possible so we may avoid conflicting dates and advise members through our newsletter.

Requests for sanction dates require that one date per ride be presented to the sanction person for consideration. It is advisable that an "alternate" or "2<sup>nd</sup> choice" date be provided at the same time you send in this application, so that in the event of schedule conflict with another ride in your area, the sanction person is able to immediately provide you with your alternate date (providing that date is available). To avoid confusion, the alternate date **IS NOT** for the use of the ride in case of weather problems, rather the alternate date is for ACTRA use only. A ride is sanctioned with only one date and **CANNOT BE CHANGED BY RIDE MANAGEMENT**.

Should you or any other organization or group of people be interested in putting on a JP, IDR, CTR, or Endurance Ride, please pass along a copy of the application form. If you have any questions or require assistance, please call Donna Munn at (506) 839-2810. Please list one ride per application.

Name of Club or Group:		Ride Name:	
Address:			
Contact Person:		Phone:	
Address:			
Date of Ride (1 <sup>st</sup> Choice):		2 <sup>nd</sup> Choice:	
Length of Ride:	Miles	JP <input type="checkbox"/> IDR/CTR <input type="checkbox"/> Endurance/LD <input type="checkbox"/>	Ride 'n Tie <input type="checkbox"/>
Stabling: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Field	Maximum Number of Entries:		
Exact Location of Ride:			
Veterinary Judge:		Lay Judge:	
Horsemanship Judge:			

We, \_\_\_\_\_, hereby agree to plan our JP, IDR, CTR, or Endurance Ride in accordance with the guidelines and the rules of the Atlantic Canada Trail Riding Association.

**Please fill out all parts of form and return to:**

**Donna Munn  
249 Menzies Road  
Midland, NB  
E5T 2N2**

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## Minutes from Fall Annual General Meeting

November 6, 2010

Amsterdam Inn, Moncton, NB

In attendance: Donna Munn, Pam Thornton, Lynn Beazley, Jean Bridges, Kim DellaCioppa, Gwenn Dexter, Elwood Munroe, Tammy Beazley, Pat Ritcey, Kaaren Lebert, Pat Rideout, Lucy Rudge, Troy Beazley, Delle Fairclough, Jennifer McDonald, Deanna Johnston, Pam Rustidge, Bertha Harrison, April Haliburton, Irmgard Lipp

Meeting called to order at 11:15 by Irmgard Lipp.

Spring AGM minutes read by Donna Munn, sitting in for Donna Lee. Minutes approved as read by Jean Bridges, seconded by Gwenn Dexter. Minutes accepted.

### Reports

- Treasurer report read by Pat Rideout. Accepted by Gwenn Dexter, seconded by Lynn Beazley.
- CaLDRA report read by Donna Munn. Accepted by Gwenn Dexter, seconded by Deanna Johnston.
- Endurance Canada report read by Donna Munn. Delle Fairclough is the Breeds and Industry Rep for Endurance Canada who are looking for people to be coaches. Accepted by Gwenn Dexter, seconded by Jennifer McDonald.
- Public Relations report read by Lynn Beazley. She mentioned the regular notices in Horse & Pony of the ACTRA rides and that we have a Facebook page as well. Also that the \$14 subscription rate for club members is due. Accepted by Gwenn Dexter, seconded by Deanna Johnston.
- Sanctioning report read by Donna Munn. 7 JP's, 3 IDR's, 5 CTR's, 2 LD's which made 17 possible rides to enter with a total of 380 miles. McDonald's Run already sanctioned for the 2011 ride season. Accepted by Gwenn Dexter, seconded by Jennifer McDonald.

### Old Business

- Cooler for Bob Gielen riding at the WEG was not done due to shipping problems, etc.
- Ride review sheet is on hold and not done yet.
- Discussion of the AERC and LD rules in or not in the rulebook.
- ACTRA event Volunteer Recognition Program. Lynn Beazley will send Karen Murray the participation sheet so any volunteers that want to participate can print off a copy to use.

### New Business

The BOD reported that a little housekeeping work was done on the rulebook to correct a few omissions.

- Discussion on the ride time for CTR's and IDR's. Ride time is 6 mph plus the hold.

- If a rider is over the time then it is mileage only, but the horse has to be vetted in.
- Error on CTR and IDR scoresheets re: the final pulse should read 30 seconds X 2.

Changes will be made to the scoresheet.

It was mentioned by Pat Rideout that the picture on the front of our rulebook is not our club logo. It will be changed.

Discussion held. All new members will get a new rule book and the updated one will be on the club website for existing members.

**Motion from Gwenn that the updated rulebook will be on the website for existing members and new members will receive theirs with their membership. The new rulebook will also be included in all Sanction Kits for the 2011 season. Seconded by Lynn Beazley. Motion carried.**

**Troy Beazley moved that we change the wording in the JP rulebook in the section of "any device for protection" remove; boots which extend above the coronet band. Seconded by Gwenn Dexter.**

**Kaaren LeBert made a motion that we add; Hoof boots are accepted. Seconded by Gwenn Dexter. Motion carried.**

Discussion as to why our HEP insurance waiver has the section that says "I declare to wear a helmet". Donna Munn will contact HEP to see if this has to be on the form.

Lucy Rudge came forth with the idea of a CTR Team Challenge. All riders that would be interested should let Lucy know by the Spring AGM. All names will go in a hat and teams will be the luck of the draw. Teams will be 3 riders.

Lynn Beazley would like all club members to be part of Think Tank on how to get some new members. Jean Bridges and Donna Munn discussed the Jan Thaw in Fredericton the end of January. **Moved by Lynn Beazley and seconded by Deanna Johnston that they have \$75 for expenses.**

**Motion to pay the Endurance Canada Equine Canada membership for the 2011 season.**

Pat Rideout reported that only one \$200 ride rebate for the IDR/CTR or LD/END was paid out for this ride season.

**Kaaren Lebert made a motion that we continue this for the 2011 ride season. Seconded by Kim DellaCioppa. Motion carried.**

Pat Rideout mentioned that we need a new mount registration form. Donna Munn volunteered to get it done.

A vote was then held to fill vacant positions on the Board of Directors.

Kaaren Lebert nominated Donna Munn. Donna accepted.

Pat Rideout nominated Gwenn Dexter. Gwenn accepted.

Lynn Beazley nominated Troy Beazley. Troy declined.

Kaaren Lebert nominated Jennifer McDonald. Jennifer accepted.

Moved by Gwenn Dexter and seconded by Bertha Harrison that nominations close.

Meeting adjourned at 1:45pm. Moved by Troy Beazley, seconded by Lynn Beazley.

Respectfully submitted  
Donna Munn, Acting Secretary

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## 2010 Year End Awards

### Breed Awards

#### Arabian

Champion – PD Cat-A-Hoolah (Betty Dwyer)  
Reserve – JDA Azrael The Canadian (Deanna Johnston)

#### Half Arabian

Champion – MDA Billy Four (Donna Munn)  
Reserve – Jazlra Shadow (Susan Hovey)  
Reserve – Call Me Lauren (Russlyn Patriquin-Dyke)

#### Morgan

Champion – Jalna Justacat (Leslie Wade)  
Reserve – Poplar Ridge Baily (April Haliburton)

#### Partbred Morgan

Champion – Deuces Wild (Sylvia Gillies)  
Champion – Guysborough Grey (Anne Bridges)  
Reserve – Virginian Magic (Kaaren LeBert)

#### Grade

Champion – BallaHamish Glen (Pat Rideout)  
Reserve – Kindred Spirit (Lynn Beazley)

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### Competitive Trail Riding Awards

#### Conditioning – Senior

1<sup>st</sup> – MDA Billy Four (Donna Munn)  
2<sup>nd</sup> – PD Cat A Hoolah (Betty Dwyer)  
3<sup>rd</sup> – BallaHamish Glen (Pat Rideout)  
4<sup>th</sup> – MDA Japros Sultan (Gwenn Dexter)  
5<sup>th</sup> – Jazlra Shadow (Susan Hovey)  
6<sup>th</sup> – Solara (Donna Lee Cole)  
6<sup>th</sup> – Kindred Spirit (Lynn Beazley)  
6<sup>th</sup> – Call Me Lauren (Russlyn Patriquin-Dyke)

#### Trail Horse – Senior

1<sup>st</sup> – MDA Billy Four (Donna Munn)  
2<sup>nd</sup> – PD Cat A Hoolah (Betty Dwyer)  
3<sup>rd</sup> – Guysborough Grey (Anne Bridges)  
4<sup>th</sup> – Call Me Lauren (Russlyn Patriquin-Dyke)  
5<sup>th</sup> – Roy (Bob Curran)  
6<sup>th</sup> – Deuces Wild (Sylvia Gillies)  
6<sup>th</sup> – JDA Azrael The Canadian (Deanna Johnston)  
6<sup>th</sup> – Jazlra Shadow (Susan Hovey)

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### Judged Pleasure Riding Awards

#### Horsemanship – Senior

1<sup>st</sup> – Sylvia Gillies  
2<sup>nd</sup> – Donna Munn  
3<sup>rd</sup> – Leslie Wade  
3<sup>rd</sup> – Betty Dwyer  
4<sup>th</sup> – Susan Hovey  
4<sup>th</sup> – Karen Jonah-Brown  
5<sup>th</sup> – April Haliburton  
6<sup>th</sup> – Deanna Johnston

#### Trail Horse – Senior

1<sup>st</sup> – Sir Ruby (Pat Ritcey)  
2<sup>nd</sup> – PD Cat A Hoolah (Betty Dwyer)  
3<sup>rd</sup> – Jalna Justacat (Leslie Wade)  
4<sup>th</sup> – JDA Azrael The Canadian (Deanna Johnston)  
5<sup>th</sup> – Jazlra Shadow (Susan Hovey)  
5<sup>th</sup> – MDA Billy Four (Donna Munn)  
6<sup>th</sup> – Thunder (Pam Thornton)

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### Introductory Distance Riding Awards

#### Conditioning - Senior

1<sup>st</sup> – PD Cat A Hoolah (Betty Dwyer)  
2<sup>nd</sup> – Arabian Styles (Elwood Munroe)  
3<sup>rd</sup> – Thunder (Pam Thornton)  
4<sup>th</sup> – Call Me Lauren (Russlyn Patriquin-Dyke)  
5<sup>th</sup> – Pishko (Shannon Robins)  
5<sup>th</sup> – Sirrocco's Indian Thunder (Karen Jonah-Brown)  
6<sup>th</sup> – MDA Billy Four (Donna Munn)

#### Trail Horse – Senior

1<sup>st</sup> – Poplar Ridge Baily (April Haliburton)  
1<sup>st</sup> – Summer Breeze (Pam Rustige)  
1<sup>st</sup> – Amiri Tai (Deanna Johnston)  
2<sup>nd</sup> – Prairie Shadowfax (Chester Gillan)  
2<sup>nd</sup> – Kindred Spirit (Lynn Beazley)  
2<sup>nd</sup> – Tara Pathfinder (Maureen Johnson)  
3<sup>rd</sup> – Call Me Lauren (Russlyn Patriquin-Dyke)  
3<sup>rd</sup> – Sirrocco's Indian Thunder (Karen Jonah-Brown)

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#### Ride Manager of the Year Award

Betty Dwyer

#### Volunteer of the Year Award

The Harrison Family

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### Rider Mileage Awards

#### 1000 Miles

Betty Dwyer

#### 3000 Miles

April Haliburton  
Kaaren LeBert

#### 8000 Miles

Jean Bridges

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**Mount Mileage Awards**

<b>250 Miles</b>	<b>1000 Miles</b>
Tequilla	PD Cat A Hoolah
Hoofprint	
Summer Breeze	<b>2000 Miles</b>
MDA Japros Sultan	MDA Billy Four
Kindred Spirit	Call Me Lauren
<b>500 Miles</b>	<b>3000 Miles</b>
Caruso	Virginian Magic
Thunder	

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**2010 Mount Mileage Accumulations**

Mount Name	ACTRA #	Miles
Poplar Ridge Baily	227	2,384
Pitshko	231	1,632
Some Nice Tracey	233	1,480
Virginian Magic	243	3,008
Sirrocco's Indian Thunder	257	927
Guysborough Grey	259	2,287
Ronya	267	1,353
Tequilla	273	253
MDA Billy Four	275	2,123
Call Me Lauren	276	2,008
PD Cat-A-Hoolah	278	1,037
Royal	279	655
CR Dorra Nedjyn	280	432
Thunder	301	508
Sir Ruby	318	246
Hoofprint	320	351
Arabian Styles	327	418
Whispering Willow	332	75
Summer Breeze	333	399
Jalna JestaCat	336	239
Jalna Saffire	338	1,248
MDA Japros Sultan	340	352
Morgan	343	165
Elastic	349	176
Aazzaan	350	697
JDA Azrael The Canadian	357	670
Caruso	363	564
Prarie Zaclntosh	365	16
CF Dancer	366	212
Prairie Shadowfax	372	47
S'hakhe Rattle 'n Run	374	154
Kindred Spirit	376	482
Magnifyque	380	217
Washademoak Sunset	381	64
Deuces Wild	382	228
Amiri Tai	383	31
Solara	385	120
Tara Pathfinder	388	30
Buddy	392	101
Jazlra Shadow	393	106
BallaHamish Glen	394	135
Gryphon		83
Kizzy's Magic Dream		30
Nova		62

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**2010 Rider Mileage Accumulations**

Rider Name	Miles
Beazley, Lynn	420
Beazley, Tammy	46
Beazley, Troy	127
Bridges, Ann	1,244
Bridges, Jean	8,022
Brooks, Sherry	41
Burns, Jim	286
Carter, Lauren	16
Cole, Donna Lee	1,260
Curran, Bob	1,797
Dexter, Gwenn	3,871
Dwyer, Betty	1,019
Elliott, Bev	4,457
Fournier, Stephane	150
Gillan, Chester	2,219
Gillies, Sylvia	3,930
Haliburton, April	3,036
Hovey, Susan	927
Jonah-Brown, Karen	193
Johnson, Maureen	167
Johnston, Deanna	876
LeBert, Evan	192
LeBert, Kaaren	3,117
Lemay, Denise	110
Lipp, Irmgard	1,502
McDonald, Jennifer	884
Miller, Marcia	64
Munn, Donna	4,415
Munroe, Elwood	669
Patriquin-Dyke, Russlyn	2,507
Peverils, Elizabeth (Biddy)	91
Rideout, Pat	3,367
Ritcey, Pat	486
Robbins, Shannon	235
Rudge, Lucy	4,356
Rustige, Pam	399
Scott, Priscilla	915
Sharpe, Bernice	60
Singer, Lori	101
Stewart, Gail	345
Thornton, Pam	4,584
Vissers, Wendy	221
Wade, Leslie	415
Wheeler, Mark	131

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## 2010 Ride Results

Ride 'n Slide 30 Mile CTR – Mactaquac, NB – Aug 14/10

Vet: Keith Murch – 17 Riders

A big thank you goes to Mark and Ingrid Wheeler and family for a great weekend of riding. Of all the rides we have done, it is the first for riding in so many front yards! Thank you to the many landowners who shared their beautiful land.

We also need to express our thanks to volunteers like Marg Byers, Donna Lee Cole, Bernice Sharpe and Elliott Bridges.

### Conditioning

- 1<sup>st</sup> BallaHamish Glen (Pat Rideout)
- 2<sup>nd</sup> PD Cat-A-Hoolah (Betty Dwyer)
- 3<sup>rd</sup> MDA Billy Four (Donna Munn)
- 4<sup>th</sup> Guysborough Grey (Ann Bridges)
- 5<sup>th</sup> Kindred Spirit (Lynn Beazley)
- 6<sup>th</sup> JDA Azrael The Canadian (Deanna Johnston)

### Trail Horse

- 1<sup>st</sup> Guysborough Grey (Ann Bridges)
- 2<sup>nd</sup> MDA Billy Four (Donna Munn)
- 3<sup>rd</sup> PD Cat-A-Hoolah (Betty Dwyer)

Ride 'n Slide 15 Mile JP – Mactaquac, NB – Aug 15/10

Judge: Marg Byers – 23 Riders

### Horsemanship

- 1<sup>st</sup> Ann Bridges
- 2<sup>nd</sup> Donna Munn
- 3<sup>rd</sup> Eiry Spence
- 4<sup>th</sup> Sylvia Gillies
- 5<sup>th</sup> Deanna Johnston
- 6<sup>th</sup> Bob Curran

### Trail Horse

- 1<sup>st</sup> Tarshish (Eiry Spence)
- 2<sup>nd</sup> PD Cat-A-Hoolah (Betty Dwyer)
- 3<sup>rd</sup> JDA Azrael (Deanna Johnston)
- 4<sup>th</sup> Krummi (Amy Schnider)
- 5<sup>th</sup> Jazz (Jocelyn Noel)
- 6<sup>th</sup> Guysborough Grey (Ann Bridges)

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The Amigo's Do 30 Mile CTR – Belleisle, NB – Sept 4/11

7 Riders

### Conditioning

- 1<sup>st</sup> MDA Billy Four (Donna Munn)
- 2<sup>nd</sup> Roy (Bob Curran)
- 3<sup>rd</sup> BallaHamish Glen (Pat Rideout)
- 4<sup>th</sup> Kindred Spirit (Lynn Beazley)
- 5<sup>th</sup> Solara (Donna Lee Cole)
- 6<sup>th</sup> JDA Azrael The Canadian (Deanna Johnston)

### Trail Horse

- 1<sup>st</sup> Roy (Bob Curran)
- 2<sup>nd</sup> MDA Billy Four (Donna Munn)
- 3<sup>rd</sup> JDA Azrael The Canadian (Deanna Johnston)

The Amigo's Do 15 Mile JP – Belleisle, NB – Sept 5/11

26 Riders

### Horsemanship – SR

- 1<sup>st</sup> Susan Hovey
- 2<sup>nd</sup> Laura Holt
- 3<sup>rd</sup> Bob Curran
- 4<sup>th</sup> Karen Jonah-Brown
- 5<sup>th</sup> Donna Munn
- 6<sup>th</sup> Maureen Johnson

### Trail Horse – SR

- 1<sup>st</sup> Jazlra Shadow (Susan Hovey)
- 2<sup>nd</sup> Rocco (Karen Jonah-Brown)
- 3<sup>rd</sup> Roy (Bob Curran)
- 4<sup>th</sup> Tara (Maureen Johnson)
- 5<sup>th</sup> Nova (Ashley Gillies)
- 6<sup>th</sup> Sakary (Mark Wheeler)

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### Horsemanship – Novice

- 1<sup>st</sup> Val Kaser
- 2<sup>nd</sup> Heather Ellingwood
- 3<sup>rd</sup> Lindsey Nice
- 4<sup>th</sup> Bernice Sharpe
- 5<sup>th</sup> Robin Vincent
- 6<sup>th</sup> Alexis Kinley

### Trail Horse - Novice

- 1<sup>st</sup> Solo Para Mi (Robin Vincent)
- 2<sup>nd</sup> Astar Lumiere (Alexis Kinley)
- 3<sup>rd</sup> Duntez (Heather Ellingwood)
- 4<sup>th</sup> Zephyrus (Val Kaser)
- 5<sup>th</sup> Maggie (Bernice Sharpe)
- 6<sup>th</sup> Jura (Lindsey Nice)

### Horsemanship – JR

- 1<sup>st</sup> Elsie Vaillancourt
- 2<sup>nd</sup> Catherine Kaser
- 3<sup>rd</sup> Miranda Kaser
- 4<sup>th</sup> Ingmara Wheeler

### Trail Horse – JR

- 1<sup>st</sup> Chinook (Catherine Kaser)
- 2<sup>nd</sup> Majority Rules (Miranda Kaser)
- 3<sup>rd</sup> Buddy (Elsie Vaillancourt)
- 4<sup>th</sup> Secret (Ingmara Wheeler)

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Challenge Cup 25 Mile CTR – Rawdon, NS – Sept 18/11

Vet: Lianne Nelson – 13 Riders

### Conditioning

- 1<sup>st</sup> Call Me Lauren (Russlyn Patriquin-Dyke)
- 2<sup>nd</sup> MDA Japros Sultan (Gwenn Dexter)
- 3<sup>rd</sup> Deuces Wild (Sylvia Gillis)
- 4<sup>th</sup> MDA Billy Four (Donna Munn)
- 5<sup>th</sup> PD Cat-A-Hoolah (Betty Dwyer)
- 6<sup>th</sup> Jalna JestaCat (Leslie Wade)

### Horsemanship

- 1<sup>st</sup> Jean Bridges
- 2<sup>nd</sup> Lucy Rudge
- 3<sup>rd</sup> Donna Munn
- 3<sup>rd</sup> Russlyn Patriquin Dyke
- 4<sup>th</sup> Wendy Ettinger
- 5<sup>th</sup> Betty Dwyer
- 5<sup>th</sup> Sylvia Gillies
- 6<sup>th</sup> Gwenn Dexter
- 6<sup>th</sup> Irmgard Lipp

### Trail Horse

- 1<sup>st</sup> MDA Billy Four
- 2<sup>nd</sup> Call Me Lauren
- 3<sup>rd</sup> Deuces Wild

Gold – Jean Bridges, Donna Munn

Silver – Betty Dwyer, Russlyn Patriquin-Dyke

Bronze – Lucy Rudge, Wendy Vissers

After the ride, Pam went up to the "moguls" with a manure fork to see if she could find the rider's lost hoofboot. There were many long puddles in this section. It occurred to her that people wearing hoofboots on their horses should carry unique flagging tape to put on trees in the area when they discover they have lost a boot. That way it would make it easier to know where to start to look. Unfortunately, she also discovered "What the mud taketh, the mud keepeth"!!

Rawdon Hills 17 Mile IDR – Sept 19/10

Judge: Cheryl Cassista – 28 Riders

### Conditioning

- 1<sup>st</sup> PD Cat-A-Hoolah
- 2<sup>nd</sup> Call Me Lauren
- 3<sup>rd</sup> Sam (Marcia Miller)
- 4<sup>th</sup> Arabian Styles (Elwood Munroe)
- 5<sup>th</sup> Kindred Spirit
- 6<sup>th</sup> Gryphon (Wendy Vissers)

### Trail Horse

- 1<sup>st</sup> Summer Breeze (Pam Rustige)
- 2<sup>nd</sup> Kindred Spirit (Lynn Beazley)
- 3<sup>rd</sup> Call Me Lauren

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**Camp Cheputneticook 30 Mile CTR – St Stephen, NB – Sept 25/10****Vet: Tami Matheson – 8 Riders****Conditioning**

- 1<sup>st</sup> Jazera (Susan Hovey)
- 2<sup>nd</sup> Guysborough Grey (Jean Bridges)
- 3<sup>rd</sup> PD Cat-A-Hoolah (Betty Dwyer)
- 4<sup>th</sup> Solara (Donna Lee Cole)
- 5<sup>th</sup> Dancer (Priscilla Scott)
- 6<sup>th</sup> BallaHamish Glen (Pat Rideout)

**Trail Horse**

- 1<sup>st</sup> Guysborough Grey
- 2<sup>nd</sup> PD Cat-A-Hoolah
- 3<sup>rd</sup> Jazera

**Camp Cheputneticook 15 Mile IDR – Sept 25/10****Conditioning**

- 1<sup>st</sup> Poplar Ridge Baily (April Haliburton)
- 2<sup>nd</sup> Sirocco's Indian Thunder (Karen Jonah-Brown)
- 3<sup>rd</sup> Ronin (Donna Munn)
- 4<sup>th</sup> Tara Pathfinder (Maureen Johnson)
- 5<sup>th</sup> Tuck (Katy Orr)
- 6<sup>th</sup> Aramis (Heather Ellingwood)

**Trail Horse**

- 1<sup>st</sup> Poplar Ridge Baily
- 2<sup>nd</sup> Tara Pathfinder
- 3<sup>rd</sup> Sirocco's Indian Thunder

**Conditioning JR and Trail Horse JR**

- 1<sup>st</sup> Dillon (Katy Greenlaw)

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**Maple Ridge 35 Mile LD – Centerdale, NS – Oct 9/10****Vet: Liane Nelson – 15 Riders****Order of Finish**

Solara (Donna Lee Cole)	5:04
Call Me Lauren (Russlyn Patriquin-Dyke)	5:14
Kindred Spirit (Lynn Beazley)	5:47
Summer Breeze (Pam Rustige)	5:47
JDA Azrael The Canadian (Deanna Johnson)	6:00
Guysborough Grey (Jean Bridges)	6:01
Hoofprint (Irmgard Lipp)	6:14
Magnifique (Kaaren LeBert)	6:20
Virginian Magic (Evan LeBert)	6:20
Aazzaan (Bev Elliott)	6:24
Caruso (Lucy Rudge)	6:32
MDA Billy Four (Donna Munn)	6:33
CF Dancer (Priscilla Scott)	6:51
Tequilla (Gayle McConaghy)	6:53
MDA Japros Sultan (Gwenn Dexter)	RO-L

**Maple Ridge 15 Mile JP – Oct 10/10****Judge: Dawn MacKay-Kennedy – 16 Riders****Horsemanship**

- 1<sup>st</sup> Donna Munn
- 2<sup>nd</sup> Deanna Johnston
- 3<sup>rd</sup> Sylvia Gillies
- 4<sup>th</sup> April Haliburton
- 5<sup>th</sup> Pam Thornton
- 6<sup>th</sup> Pat Ritcey

**Trail Horse**

- 1<sup>st</sup> JDA Azrael The Canadian
- 2<sup>nd</sup> Call Me Lauren
- 3<sup>rd</sup> CF Dancer (Priscilla Scott)
- 4<sup>th</sup> Sir Ruby (Pat Ritcey)
- 5<sup>th</sup> Thunder (Pam Thornton)
- 6<sup>th</sup> Deuces Wild (Sylvia Gillies)

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**The Last Hoorah 15 Mile JP – Enfield, NS – Oct 23/10****Judge: Kim DellaCioppa – 6 Riders**

Half a dozen tenacious riders held on for The Last Hoorah. It was a blustery fall day with scattered showers. Environment Canada called for it to rain on and off but not hard! All finished the 15 miles with lots of horse left over. Virginian Magic cantered his trot out for his 3000 Miles and Thunder rolled into his 500 Miles. A cozy gathering for good food and the great hospitality of Peggy and Greg Peters completed a wonderful end to the ride season. Special thanks to Kim DellaCioppa for speedy and decisive judging so everyone could get out to enjoy the trails.

**Horsemanship**

- 1<sup>st</sup> Betty Dwyer
- 2<sup>nd</sup> April Haliburton
- 3<sup>rd</sup> Anne Marie Kimber
- 4<sup>th</sup> Evan LeBert
- 5<sup>th</sup> Pam Thornton
- 6<sup>th</sup> Kaaren LeBert

**Trail Horse**

- 1<sup>st</sup> PD Cat-A-Hoolah
- 2<sup>nd</sup> Thunder
- 3<sup>rd</sup> Poplar Ridge Baily

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## 2011 RIDE SCHEDULE

**May 21 & 22 - Mud Run CTR & IDR - Stanley, NS**

\*Hosted by Lucy Rudge &amp; Elwood Munroe (902)757-3652

\*Ride site is the Stanley Mosherville Hall, Rte 215, Stanley, NS

\*No stabling, but room for parking and pens.

**July 30 & 31 – McDonald's Run CTR/IDR & JP – Wickham, NB**

\*CTR 30-35 Miles / IDR &amp; JP 12-15 Miles

\*Hosted by Jennifer and Adam McDonald (506)485-5659

\*Ride site is 2020 Rte 705, McDonalds Point, Wickham, NB

\*No stabling, big field for parking and pens.

**Sept 3 & 4 – Amigo's Do CTR & JP – Belleisle, NB**

\*CTR 25-30 Miles / JP 16 Miles

\*Hosted by Sylvia Gillies (506)485-2518 and Donna Munn

(506)839-2810

\*Ride site is the Gillies Dairy Farm, Belleisle, NB

\*No stabling, big field for parking and pens.

**Oct 22 & 23 – Camp Cheputneticook CTR/IDR & JP-St Stephen, NB**

\*CTR 30 Miles / IDR &amp; JP 16 Miles

\*Hosted by Susan Hovey (506)466-2150

\*Ride site is Camp Cheputneticook, 1889 Gleason Pt, Rte 735, St Stephen, NB

\*No stabling, field for parking and pens.

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**Life Is All About How You Handle Plan B**

Plan A is always my first choice. You know, the one where everything works out to be "happily ever after." But more often than not, I find myself dealing with the upside-down, inside-out version where nothing goes as it should. It's at this point the real test of my character comes in. Do I sink or do I swim? Do I wallow in self-pity and play the victim or simply shift gears and make the best of the situation? The choice is mine. After all ... life is all about how you handle Plan B!



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## ACTRA Constitution

### **PURPOSE**

The Atlantic Canada Trail Riding Association is a non-profit organization founded to promote and co-ordinate the sport of Competitive Distance Riding throughout the four Atlantic Provinces. ACTRA will accomplish these goals through the use of ride sanctioning and through supporting and/or sponsoring events such as clinics and seminars.

### **RULES**

Except where otherwise outlined by a rule of ACTRA, ACTRA will be governed by the rules as outlined in the publication Robert's Rules of Order.

### **QUORUM**

A quorum will consist of either of; 1. A majority of the current Board of Directors. Or 2. A majority of the membership of the club. All motions of the club must be passed by a majority vote of members present and must include a quorum.

A quorum for a committee of ACTRA shall consist of a majority of the committee and motions of the committee must be passed by a majority of committee members present.

### **MEMBERSHIP**

ACTRA will accept memberships on a calendar year basis. Each membership enables the member to vote in only one annual meeting. A family membership will entitle the family to a maximum of two voting members.

### **DIRECTORS**

ACTRA will elect directors to a maximum three year term. Whenever possible the terms of the board will be such that one third of the board comes up for re-election each year. Should a director leave office before the normal completion of their term, a replacement director will be elected to complete the original term.

### **OFFICERS**

The Board of Directors will appoint the following officers; Chair, Vice-Chair, Secretary, Treasurer, Rules, Newsletter, Statistician, Publicity, Sanction. These positions are normally appointed from the directors, but may be appointed from the general membership.

### **AMENDMENT**

This constitution can only be amended by a majority vote of the membership of ACTRA.

### **ABSOLUTION**

Should ACTRA cease to exist or function in its entirety, any remaining funds of the club will be forwarded to another non-profit organization or charity.

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### **TIDBITS .....**

Congratulations to Steve & Juliette Bulmer on tying the knot on November 27, 2010. Hopefully we will see them on the trail this summer!!

Congratulations to Glenda Johns on her purchase of Dude and Peggy Cosman on her purchase of Bobby from Bev Elliott. Hoping to see these gals with the guys on the trails this summer!

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## Winter Reading – Book Review

### **Dark Horse by Tami Hoag**

I picked this book up of course for the title and was soon in the “can’t put it down” mode of reading.

The author is a competitive equestrian who has competed in barrel racing to jumping and says she has been a rider longer than a writer. She settled on dressage as her out-of-office passion and started competing in dressage in 1999.

This story is based on the huge circuit of riders who congregate each winter in Florida to compete in Dressage, Hunter/Jumper and other disciplines. Throw in some murders, romance and mystery and you’ve got a book that you won’t put down!!

Here is an excerpt from the book .....

“Some of the finest people I’ve known have been involved in the horse business. Caring people who would sacrifice themselves and their own comfort for the animals who rely on them. People who kept their word. People with integrity. And some of the most loathsome, hateful, twisted individuals I’ve ever known have been involved in the horse business.

People who would lie, cheat, steal and sell their own mother for a nickel if they thought it would get them ahead. People who would smile to your face, pat you on the back with one hand and stab you in the back with the other.”

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### Trust Your Crazy Ideas

Some ideas sound logical right from the start. The wheel and fire were obviously great concepts from the get-go.

But I wonder who first watched a chicken lay an egg and said, “Hey, let’s eat that!” Yuck! That was probably met with some scepticism. At the time, no one had visions of fluffy chiffons, lofty meringues, yummy omelets or delicate soufflés.

New ideas always encounter criticism and opposition. But remember, all great ideas started in somebody’s basement with one man or woman with a vision. The key is to believe in yourself and persevere.

So trust your crazy ideas. They could change the world!!

# Getting through veterinary checks

A VET CHECK IS a very important part of an endurance ride. Getting through vet checks smoothly and quickly depends a lot on the rider. Most experienced ride veterinarians only take about two to three minutes to examine and assess the horse. A rider can aid and assist this procedure or make it unnecessarily slow and agonizing.

## Two rules to keep in mind

Two rules to follow:

1. Be courteous and respectful to fellow riders.
2. Be attentive to your horse.

Untacking the horse can help cooling and be relaxing, while keeping the horse moving can prevent cramping and stiffening. At some events this is easy; you may be able to proceed directly to the vet without waiting. At other events or rides with a large number of competitors there may be a waiting line.

If there is a line, be courteous and stay focused, keeping your horse calm and moving when possible. This is not the time to be feeding your horse or visiting with your neighbor. Feeding the horse in some cases can increase or maintain an elevated heart rate.

Visiting and not staying focused may cause an unnecessary delay when a vet becomes available for the next horse and cannot get your attention because you are visiting or messing around with hay or feed buckets. When this happens it not only delays you getting through the vet check, but also other riders.

Once you are standing in front of the vet, being attentive and performing good horsemanship skills (having control of your

horse) will speed up and help the assessment of your horse. Again this is not the place for the horse to be munching on a carrot, eating hay, or trying to graze grass. The horse needs to be standing still, quiet and not eating, not rubbing its itchy head on you, or having its tack or blankets readjusted.

## The vets are not there to pull you, but to help you get through the ride.

Get the horse's attention by talking calmly and using soft touches. This can have a great effect on the horse's heart rate as well as its attitude. As the vet starts the examination perform good horsemanship skills by staying on the same side of the horse as the vet and talking to the horse to keep it focused and still.

If your horse has been acting strangely or odd during the ride, then relate this to the vet before the examination so that potential problems may be more closely addressed. Remember, the vets are not there to pull you, but to help you get through the ride.

## Trot-out: be prepared

Be prepared to trot your horse, as this is a vital part of the examination, to check for lameness as well as to perform a CRI (cardiac recovery index). If you are having a physical problem, felling sick or have difficulty trotting your horse then have someone with you to trot or assist with the trotting of your horse.

Do not wait until the vet asks you to trot and then comment that you need someone to trot your horse. It is not the vet's or his/her assistant's place to trot your horse; they are there to observe and scribe. (Also, this is not being courteous to your fellow riders to have them waiting because you were not prepared.)

Practice trotting at home and

be able to execute it smoothly. The way you trot your horse influences the way it travels and can make the horse appear asymmetrical in its movement or off. Not trotting at all results in failure and may suggest that the horse may be hurting too much to trot freely. Also a reliable CRI requires the horse to trot freely and promptly.

Start with a loose rein. Standing beside the horse's neck, tell the horse to trot via voice command or encouragement with the other end of the reins. Trot in a straight line away from the vet and do not look back at the horse. Stop at the end of the trot-out lane and turn into the horse while slowly turning him around and then trot straight back, staying at his side.

## After the check

At this point, if you have been attentive getting the horse cooled down, pulsed down and trotted out smoothly, and all is OK, you have made it through the vet check. Now you can exit the area and allow the horse to eat, roll, rub its head, or whatever it wants to relax and rest. Make sure to take care of yourself, too.

If a problem was found at the check, most vets will give you a time frame to come back for a recheck. Proceed to exit the vet area and see if you can find a solution to the problem noted, such as a rock in the shoe, missing shoe, swollen or sore tendons, ill-fitting tack or rubs, no appetite, etc., before returning for the recheck.

If the horse requires a more in-depth examination by the vet to determine a reason for a problem, be considerate of other riders and re-present to the vets when they are not busy or have other riders waiting.

As I said at the beginning, the ride is not over until you get through all vet checks, including the post-ride check. Therefore doing your part properly can make this process as smooth and painless as possible.



ALRE Veterinary  
Certification Program  
We welcome the following veterinarians to the list of ALRE-certified heads of  
(See the ALRE website for a complete list of ALRE-certified heads of ALRE (ALRE) and Kelly Ziegler, DVM (ALRE).