



# **Tales 'n Trails E-Bulletin**

## **2015 Fall Issue**

- **Fall Meeting**
- **A Few Season Highlights**
- **EN Unwritten Rules**
- **2015 Membership List**
- **2015 Board of Directors**
- **A Bit of History**

Fall meeting will be held at the Coastal Inn in Sackville, NB on Nov 14th, same place as last year, same meal as last year. Same auction, same volunteer lottery. Directors meet at 10:30. General at 1:00

Let Jen know if you want to eat... Turkey diner \$20.00 PP  
Contact: [jennmcdonald@xplornet.ca](mailto:jennmcdonald@xplornet.ca) or  
[\(506\) 485-5659](tel:5064855659)

Make sure Jennifer has all the trophies etc back.

Make sure if you are getting a cooler or jacket to work out with Jennifer what is going on with it.

If there is anything you'd like to see on the agenda, please contact Roy [chair@atlanticriders.ca](mailto:chair@atlanticriders.ca) or  
[\(902\) 694-5014](tel:9026945014)

ALSO: I don't know about you, but I loathe missing any ACTRA event since the last one ended in an engagement! Congratulations to Rene and Roy on their engagement - he asked her at Chester's ride and she said yes. So I am NOT taking a chance at missing a wedding as one never knows!

Hope to see many ACTRA members there.

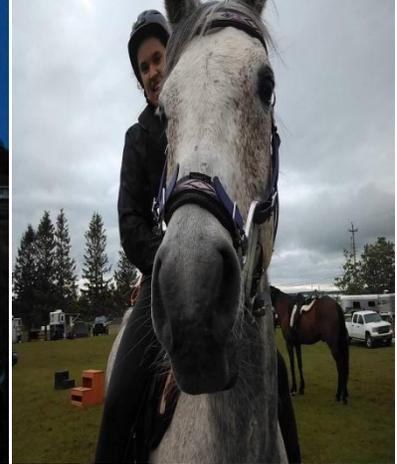
If you haven't checked out our website lately, you'll be really impressed! It's still a work in progress but there are lots of new features.

Check it out at [www.atlanticriders.ca](http://www.atlanticriders.ca) and many thanks to the volunteers working on this.

ACTRA members with horses that have reached the 1000 or over milestone are asked to give a photo to Donna Munn or Jean Bridges.

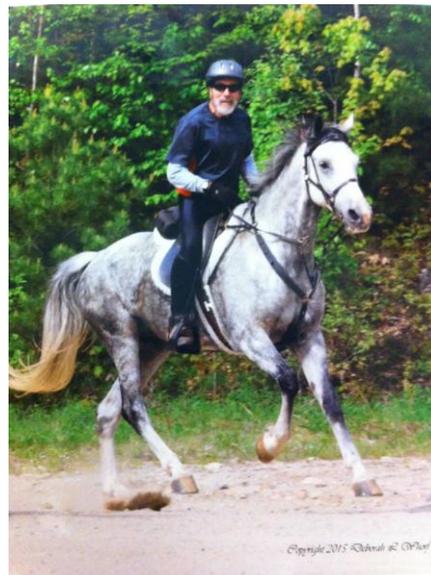
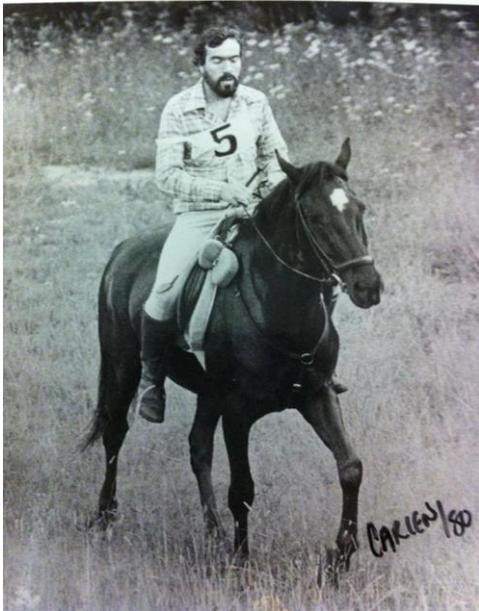
Send submissions to [newsletter@atlanticriders.ca](mailto:newsletter@atlanticriders.ca)



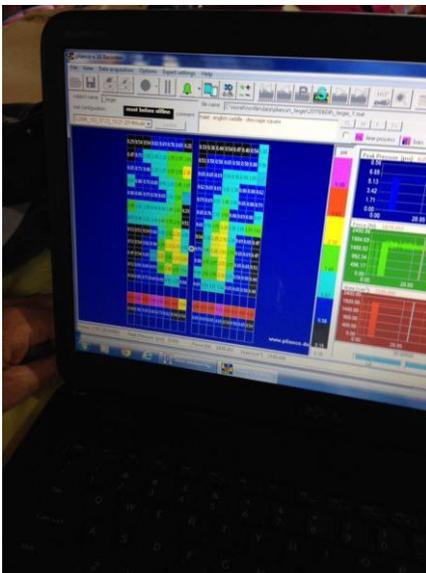
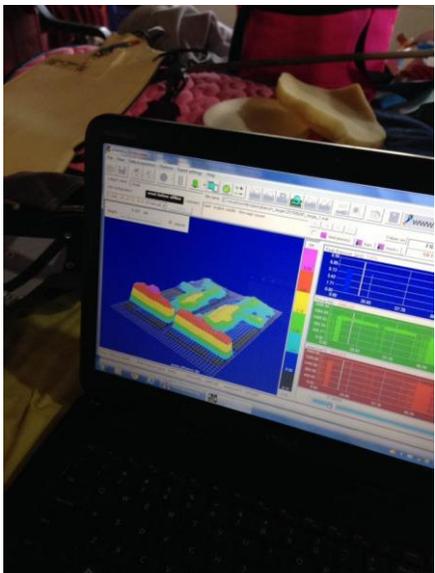


Garnet Gallant wrote on FB May/15:

“35 years apart - Pine Tree 100 Mile CTR (1980) The Witch placed 4th Middle Weight -- Maine 80 CTR on Absolute - Grand Champion with perfect score of 100 and final pulse of 36. A big item off my Bucket List.” Many long-time members rode with Garnet and are very happy to see this bucket list item accomplished, the rest of us ACTRA members can be inspired and we join his friends in saying “Congratulations!” And in June he come “home” and brought saddle-scanning technology with him. Several ACTRA members were able to take advantage of this new tool aimed at visually demonstrating, in real time, the pressure on the horse’s back while riding. This shows how well the saddle fits (or not!) and how balanced (or not!) the rider rides. ☺ Don’t worry if you missed him, he’ll be back – just keep an eye on the ACTRA Facebook page or contact him directly.



“It was great to see most of the Harrison’s – it has been way too long. Thanks for the great supper and a trip down memory lane of the early days of ACTRA and all the colorful characters that were involved. Happy trails and wish everyone a happy and fun Glooscap Ride” – Garnet Gallant Pictures by Bertha Harrison



# Unwritten Rules

Here are some of the important things to know for new riders – this list may keep you from making an unwitting faux pas on the trail

BY JENNIFER ALLEN

I HAVE COMPILED A LIST of “unwritten rules” for endurance. (Thank you to all the contributors!) If you’re new (or even if you’re not), don’t get too upset reading all of these. This article may frighten you into believing you’ll do something wrong and make endurance riders mad! Have no fear—most people are generally forgiving and want to see you succeed and learn.

Plus, some of these might be classified more as “pet peeves” and less as unwritten rules. Nevertheless, I included them. My reasoning is that “nobody makes a rule unless somebody does something stupid.” So, these people wouldn’t say these things unless somebody has done it to them. Just observe some common courtesy while in camp and on the trail and you will be fine!

## At the Check or in Camp

- \* If you ask to ride with somebody (or are a junior), your “sponsor” should go in the pulse box and over the line first.
- \* If your horse just “has to” drink out of someone else’s bucket in camp make sure you refill it right away.
- \* Many times, people are preparing their own cooling stations with water buckets at vet checks. Don’t use their water! And if you do, immediately refill.
- \* Don’t help yourself to someone else’s gear/water/sponges at holds without checking first. Especially sponges—good way to share skin nasties!
- \* Bring an extra flake of hay so when your horse “shops,” there can be hay for all.
- \* Don’t bump or run your horse into other horses at the vet check when they are pulsing down (or any time, for that matter). This is bad sportsmanship and it’s somewhat obvious you are attempting to sabotage that horse and rider.
- \* At the holds, do not let your horse eat all of someone else’s mash, grain, hay whatever, especially if it’s obvious that the horse it’s been put out for hasn’t come through the hold yet.
- \* It’s OK to snatch a handful of hay from my bag at a vet check . . . but only if there’s

plenty there and you have intentions of sharing, too!

- \* Don’t ask if tack is on or off at a vet check. If nothing is said, you assume that tack can be left on. But it will always be off for final vetting.
- \* If you have been riding with someone and come into a vet check and your horse is pulsed down, wait for the other person before leaving the vet area.
- \* Keep a leash on your dogs. Most people don’t like them running around their horses (even if they’re dog-tolerant), eating the horse’s feed, their dog’s food, or their food, and peeing on their hay.
- \* Don’t ask the person next to you to clarify something said at a ride briefing while the briefing is going on. Wait until the end.

## On Trail

- \* If your competitor comes up behind you in a creek and their horse starts drinking, don’t blast off. Ask if it’s OK to leave (and even wait a few swallows before asking). Don’t be offended if they ask you to stay for a minute. (“Welfare of the horse!”)
- \* Slow down for all riders, unless you know them and their horses well; endurance riders usually have the right-of-way.
- \* Don’t block another rider who has obviously caught you. If somebody caught me, they are obviously going a faster pace than me, so I will always ask, “Would you like to pass?” Ride your own ride.
- \* When you are coming from behind, say, “Passing on the left (or right),” and allow the person time to move their horse over for you.
- \* Don’t pass someone, only to have your horse slow down and irritate the horse you passed by finding you grazing around the corner or moving slower again.
- \* If you have a horse come up behind you and the rider asks to pass, don’t say “no.” Find a place to pull out of the way but don’t hog the trail. It’s not always the people passing that are rude trail hogs out there.
- \* Try not to play jack rabbit. It can be really

irritating for someone to pass you, then walk, pass you, then walk . . .

- \* The person that dismounted to open and close the gate will be waited on by all that passed through while gate opener waited for them.
- \* When going up or down a steep hill, give the horse in front of you a bit of space so you don’t trample them. Some horses are slower or faster on hills.
- \* If you happen to be going down a long or steep hill, walk a bit at the bottom until those following get to the flat too.
- \* Always allow enough space (the ability to see the horse’s back feet in front of you).
- \* My horse is not your horse’s brakes!
- \* Do not let your horse nuzzle or chew on another horse at water troughs, or bump/run into a horse at the trough. It’s annoying to the horse and can be dangerous. This includes chewing the ears of the horse with its head down, drinking.
- \* Don’t sponge out of the tank. It makes the water salty and icky for other riders’ horses. [This depends on the ride—some rides will allow it; personal preference if you want your horse drinking out of the trough.]
- \* If you commit to ride with others, ride to the speed of the slowest horse. Also, if you’re riding together, stay together at the vet check.
- \* If you ride with someone for a major portion of the ride but make them do all the leading, don’t race them in at the finish line. The exception: if you try to do your share of the leading but they just speed up. Then have at it—just don’t make them pull you around and then take advantage of them.
- \* Don’t assume someone wants to “chat” just because you are riding with them. People often need to concentrate on the trail, the horse, etc., or may not hear well through their helmet.
- \* The understanding is that if you come upon endurance riders on the trail, you ask if you can join their group and not just tag along. And said group has the right to also ask you to move on if their horses are being affected by you joining them. ■

Jen was introduced to—and subsequently hooked on!—endurance riding in 2007. Since then she has logged 2,395 endurance and 1,185 limited distance miles. Some of her endurance adventures and experiences can be found at her blog, [midwestendurancerider.wordpress.com](http://midwestendurancerider.wordpress.com).

# 2015 Atlantic Canada Trail Riding Association Membership

## Single Memberships

S2015-01	Donna Davidson	S2015-41	Margaret Shand
S2015-02	Gwenn Dexter	S2015-42	Marcia Miller
S2015-03	Afiena Kamminga	S2015-43	Mackenzie Hughes
S2015-04	Sherry Brooks	S2015-44	Darlene Westhaver
S2015-05	Kaaren Lebert	S2015-45	Heidi Whelan
S2015-06	Claire Winchester	S2015-46	Kelga Hagell
S2015-07	Susan Hovey	S2015-47	Catherine (Rusty) Johnson
S2015-08	Pam Rustige	S2015-48	Jurney Condo
S2015-09	Bev Elliott	S2015-49	Chaimber Condo
S2015-10	Ann Bridges	S2015-50	Elaine Stutely
S2015-11	Karen Jonah-Brown	S2015-51	Nadine Brooks
S2015-12	Donna Munn	S2015-52	Alon Friedman
S2015-13	Pam Thornton	S2015-53	Bob Curran
S2015-14	Lynn Beazley	S2015-54	Frannie Croken
S2015-15	Chester Gillan	S2015-55	Virginia Hattin
S2015-16	Deanna Johnston	S2015-56	Dianne Storey
S2015-17	Lisa Haueisen	S2015-57	Niki Petrie

S2015-18	Bernice Sharpe
S2015-19	Bernadette Morton
S2015-20	Jody Wiggins
S2015-21	Heather Button
S2015-22	Priscilla Scott
S2015-23	Maureen Johnson
S2015-24	Lorraine Woodford
S2015-25	Irmgard Lipp
S2015-26	Suzanne Horne
S2015-27	Pearl Skjonsberg
S2015-28	Chantel Skjonsberg
S2015-29	Elaine Mahaney
S2015-30	Leslie Wade
S2015-31	Bill Milligan
S2015-32	Pat Ritcey
S2015-33	Janice MacSwain
S2015-34	Delle Fairclough
S2015-35	Janie Morse
S2015-36	Jacqui Trim-Tupper
S2015-37	Amanda Westwood
S2015-38	Dorothy (Dot) Butler
S2015-39	Sylvia Gillies
S2015-40	Madison Wile

## Family Memberships

F2015-01	Stephen, Juliette & Dustin Bulmer
F2015-02	Eric & Betty Dwyer
F2015-03	Gary & Bertha Harrison
F2015-04	Jim Burns & Pat Rideout
F2015-05	Rene Mersereau & Roy Drinnan
F2015-06	Donna Lee Cole & Terry Hale
F2015-07	April Haliburton & Vernon Leighton
F2015-08	Carrilee & Marie Eddy
F2015-09	Jean & Elliott Bridges
F2015-10	Todd, Shelley & Kathleen Schaefer
F2015-11	Jennifer & Kora McDonald
F2015-12	Lucy Rudge & Elwood Munroe
F2015-13	Troy & Tammy Beazley
F2015-14	Clayton Graham & family
F2015-15	Pam Allen-LeBlanc, Caroline & Kathleen LeBlanc
F2015-16	Nicole & Ava Lee Mattatall
F2015-17	Denise Lemay & Stephane Fournier
F2015-18	Julia & Sophia Linke
F2015-19	Russlynn Patriquin-Dyke & David Dyke
F2015-20	Andrea Fuller & Glen Murphy

[Link to ACTRA Registered Mount List](#)

**ACTRA 2015 BOARD OF DIRECTORS**

**Chairperson**

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**ATLANTIC CANADA TRAIL RIDING ASSOCIATION MEMBERSHIP FORM**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

\*JUNIOR OR OTHER RIDERS IN THE FAMILY\*

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

**I WISH TO REGISTER THE FOLLOWING MOUNT WITH ACTRA (LIFETIME MOUNT REGISTRATION FEE \$25)**

REG NAME: \_\_\_\_\_ BARN NAME: \_\_\_\_\_

BREED \_\_\_\_\_ AGE: \_\_\_\_\_ MARE GELDING STALLION (PLEASE CIRCLE)

BREED REGISTRY INFORMATION: \_\_\_\_\_

MEMBERSHIP DUES: INDIVIDUAL \$20.00 - FAMILY \$30.00 - MOUNT REGISTRATION \$25.00

**PLEASE SEND MEMBERSHIP FORM OR FACSIMILE TO: Pam Rustige at [members@atlanticriders.ca](mailto:members@atlanticriders.ca)**

WOULD YOU PREFER YOUR NEWSLETTER BY EMAIL \_\_\_ OR BY MAIL \_\_\_?

TOTAL MEMBERSHIP DUES: \_\_\_\_\_ @\$20.00 OR \_\_\_\_\_ @\$30.00 OR/AND \_\_\_\_\_ @\$25.00

TOTAL FEES SUBMITTED = \_\_\_\_\_

January 1981

FROM THE CHAIRMAN.....

Since the basic conception of A.C.T.R.A. on January 27th, 1980, at the home of Dieter Helmsmueller in Sussex, with about 12 people from Sussex and Amherst discussing the basic reasons for starting an association, we have come a long, long way.

The first regular meeting of ACTRA took place on March 2nd, 1980 at the Brookdale Community Hall with approximately 35 people attending. This meeting served to elect a board of directors and many ideas for the directors to forsee. The first of these being the organization of a trail riding clinic, organized by Garnet Gallant. Louise Leister from Maine was invited and gave a very bright and informative talk on all aspects of trail riding, much from personal experience. This also served to be an ideal time for the second general meeting. The directors now had some firm facts, figures and directives which were accepted by the general membership, with a few amendments. A crest design was also chosen at this time, and has graced the association guidelines and News Letters since then. (it is hoped that a sew on crest will be available very soon).

With bundles of forms and certificates, guidelines, blue and white ribbon we were well on our way for a fine season of trail rides, all with the same basis rules and method of scoring.

The first was a 25 mile ride from Frolic-N-Acres in Brookdale on May 10th. Then on to Kentville ,N.S. for 25 more miles, organized by the Town and Country riders on August 16th. From there to Mount Pisgah, Sussex, N.B. on September 20th for 31 miles. ( the hills there are fast becoming a legend). Still further north in New Brunswick to Mactaquac Dam, near Fredericton, organized by North York Boots and Saddle Club, 36 miles on September 27th ( extra amounts of mud). Then it was back to Frolic-N-Acres for the longest ride of the year, 40 miles on October 11th. The last ride took place on October 18 in Bonshaw, P.E.I. with 25 miles, organized by The Joyriders Therapeutic Riding Association of Prince Edward Island.

There was also a ride scheduled for September 14 in Kedji National Park, N.S. by the Lunenburg County Horse and Pony Association for 38 miles, unfortunately this ride had to be cancelled due to lack of entries. ( This should serve to prompt ACTRA members to get entries sent in early, so that we may avoid the loss of any more rides!!! It would have been beautiful riding through the national park in mid September!!! )

These six rides gave an actual distance of 189.2 miles through some very beautiful countryside with some really great people. In all this one very interesting fact stands out, these rides are all planned several months in advance come rain or shine, but we have yet to have a rainy ride. Some have been very close, with very light showers or drizzle at the end or after the ride. I have ridden in 15-20 rides the past three years and not been rained out. I wonder what the odds will be for a rainy ride in 1981