**ACTRA Pulse & Respiration Worksheet** Halfway 1st check Halfway 2<sup>nd</sup> check HORSE# / NAME Initial Final Pulse/Respiration Pulse/Respiration Pulse/Respiration Pulse/Respiration (taken any time before 10 (taken over 30 seconds, minutes, no later than at taken 20 minutes after 10 minutes, taken over 15 finish time) seconds) 1 2 3 4 5 6 7 8 9 10 11 12 13 14

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Ride Name:		 			FU	UNDED		C.T.R. 4 FOUNDED
Half	way Parameters:	 					ACTRA P & R Worksheet May 2006 Prepared by APACHE's Trail Choices	
На	Ifway Hold Time:	 					Choice	AUTIE'S ITAII 9S